

# Shoulder MD

909 Hyde St. Suite #501  
San Francisco, CA 94109  
415-447-0495

Directions to the parking garage on 1200 Bush St. underneath the office building.  
We have valet parking that can be validated by our office.

## From the East Bay/Bay Bridge

From the toll plaza/Bay Bridge keep right to stay on I-80 W

Take the first exit into San Francisco at Fremont St. Use the far-right lane to take exit  
2C for Fremont St toward Folsom St

Make a left onto Fremont St.

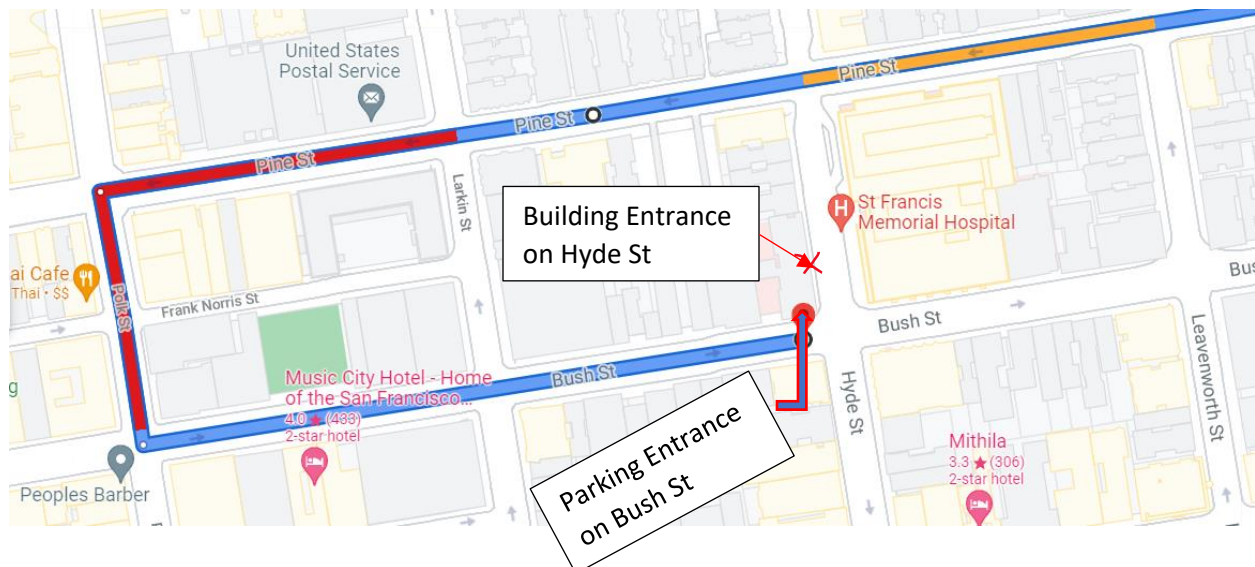
Stay in the same lane, the second from the left on Fremont St toward Pine St.

Make a left onto Pine St. and go past Hyde St. to Polk St.

Make a left on Polk St. Go one block to Bush St. make a left.

Stay in the left lane past Larkin St. and the Parking Lot entrance is on left **before** you  
cross Hyde St.

Take Elevators from the garage up to the 5<sup>th</sup> Floor to Suite #501



### **From the North Bay/Golden Gate Bridge**

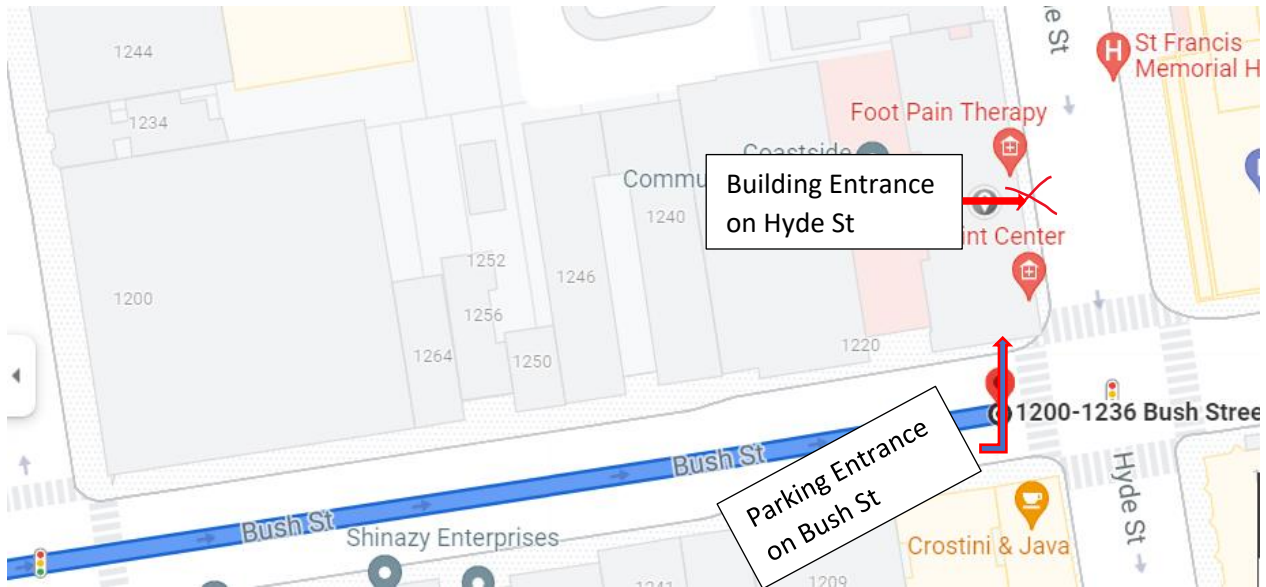
Take US 101 toward San Francisco go 16.9 mi

When you get into San Francisco, Turn right onto Divisadero St. go .9 mi

Turn left onto Bush St. go 1.3 mi

Stay in the left lane past Larkin St. and the Parking Lot entrance is on left **before** you cross Hyde St.

Take the elevator from the garage up to the 5th Floor to Suite #501



### **From the Peninsula/South Bay**

Take US 101 North

Continue to San Francisco. Take exit 434A from US-101 N/Central Fwy(16.2 mi)

Keep left at the fork to continue on US-101 N/Central Fwy, follow signs for N Golden Gate Bridge/Civic Ctr 0.8 mi

Use the right 2 lanes to take exit 434A for Mission St/US-101 N/Duboce Ave toward Golden Gate Bridge 0.2 mi

Keep right, follow signs for Mission St and merge onto US-101 N/Mission St

Slight left onto South Van Ness Ave/ 101 N. take to Bush St.

Make a right on Bush St.

Stay in the left lane past Larkin St. and the Parking Lot entrance is on Left **before** you cross Hyde St.

Take the elevator from the garage up to the 5th Floor to Suite #501